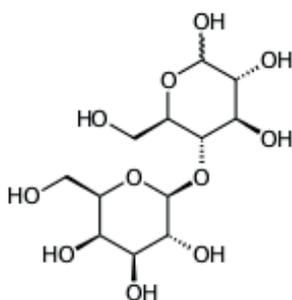


Thermal Stability of Lactose by Means of TGA-FT-IR

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1 Structure of lactose ($C_{14}H_{22}O_{11}$) [1]

Introduction

Lactose is a disaccharide sugar composed of galactose and glucose that is found in the milk of mammals. Lactose makes up around 2% to 8% of milk (by weight), although the amount varies among species and individuals. The name comes from lac (gen. lactis), the Latin word for milk plus the -ose ending used to name sugars [2].

Lactose can be obtained in an amorphous or a crystalline form. In milk, both the α - and β - crystalline forms are found. They differ from each other in the orientation of a hydroxyl group of the carbon ring. α -lactose crystallizes as a monohydrate while β -lactose does not contain crystal water, so it is often described as anhydrous lactose. Amorphous lactose is obtained when a highly concentrated lactose solution is dried quickly [3].

All these forms of lactose are used as excipients in pharmaceutical products. However, each of them has physical properties that differ greatly from the other two; they are thus each used for different purposes [3].

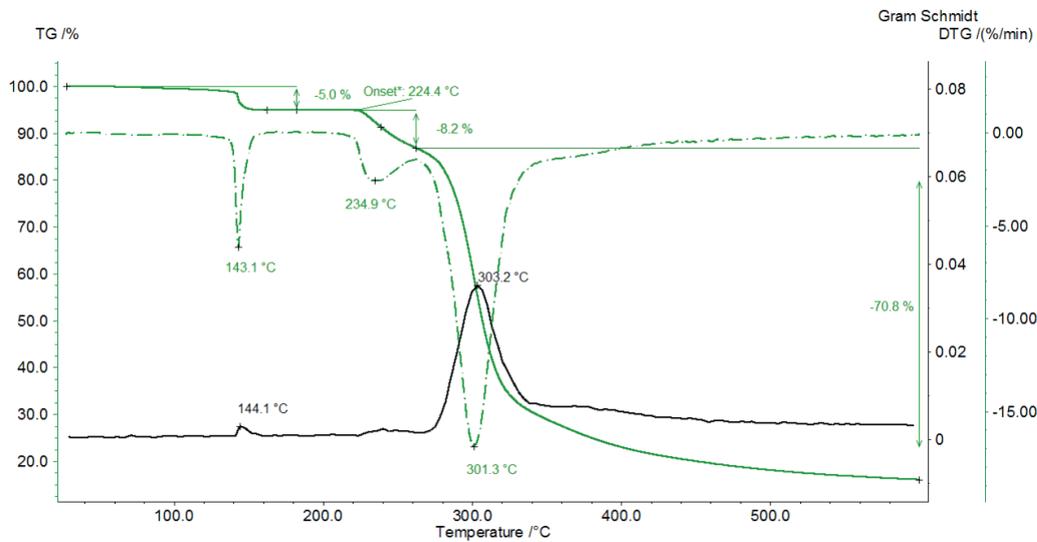
Measurement Conditions

The measurements were carried out with the TG 209 **F1 Libra**[®] under a nitrogen atmosphere. A lactose sample (initial mass: 6.43 mg) was placed in an aluminum oxide crucible and heated from room temperature to 600°C at 10 K/min. The gases evolved during heating were directly transferred into the gas cell of the FT-IR spectrometer by Bruker Optics.

Measurement Results

Figure 2 depicts the mass-loss curve as well as its first derivative (DTG). The Gram-Schmidt curve indicates the amount of the evolved substances detected by the FT-IR during heating.

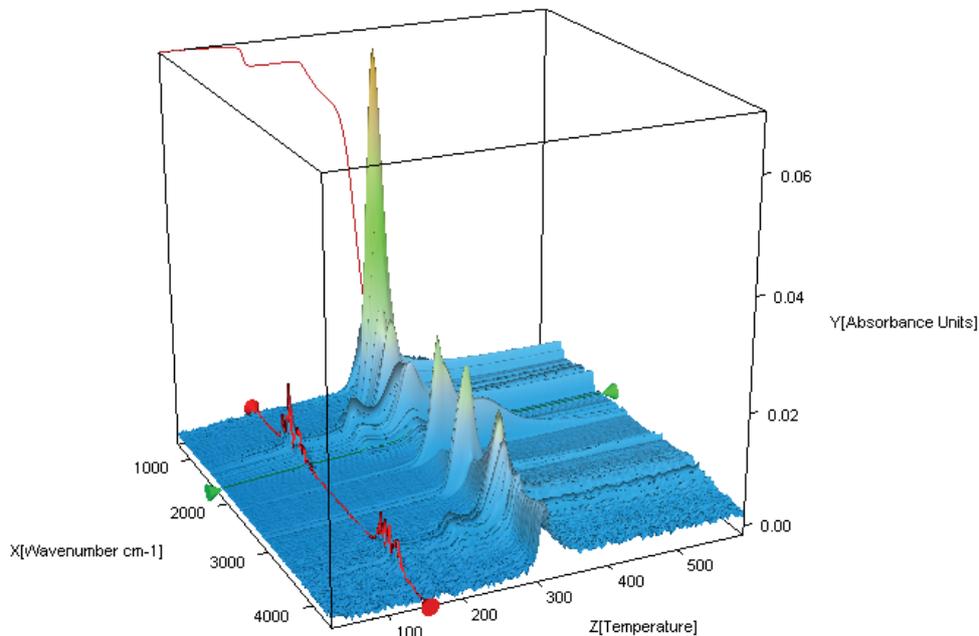
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2 TGA curve of lactose (solid green line), associated DTG (first derivative) curve (dashed-dotted green line) and Gram-Schmidt curve (solid black line) during heating to 600°C

In a first mass-loss step with a DTG peak at 143°C, the sample loses 5% of its initial mass. Lactose has a molecular mass of 342.3 g/mol [2]. In lactose monohydrate, each lactose molecule is associated with one molecule of water, yielding a molecular mass of 360.3 g/mol. That corresponds to a mass loss of 5% as soon as the crystal water is completely released.

Figure 3 shows the 3-dimensional spectrum of the products released during heating. The spectrum of the products released at 147°C (figure 4, top spectrum) proves that only water evaporates at this temperature: It is the crystal water contained in the sample. This, together with the mass loss of 5% discussed above, confirms that the lactose sample being studied is a monohydrate.

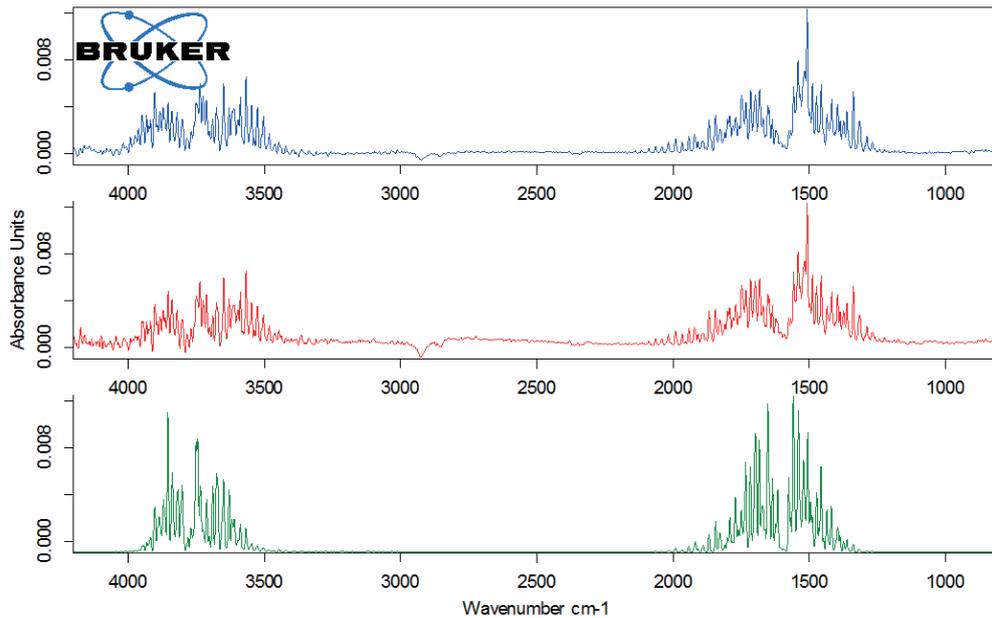


3 3-dimensional FT-IR spectrum of the products released during heating of lactose

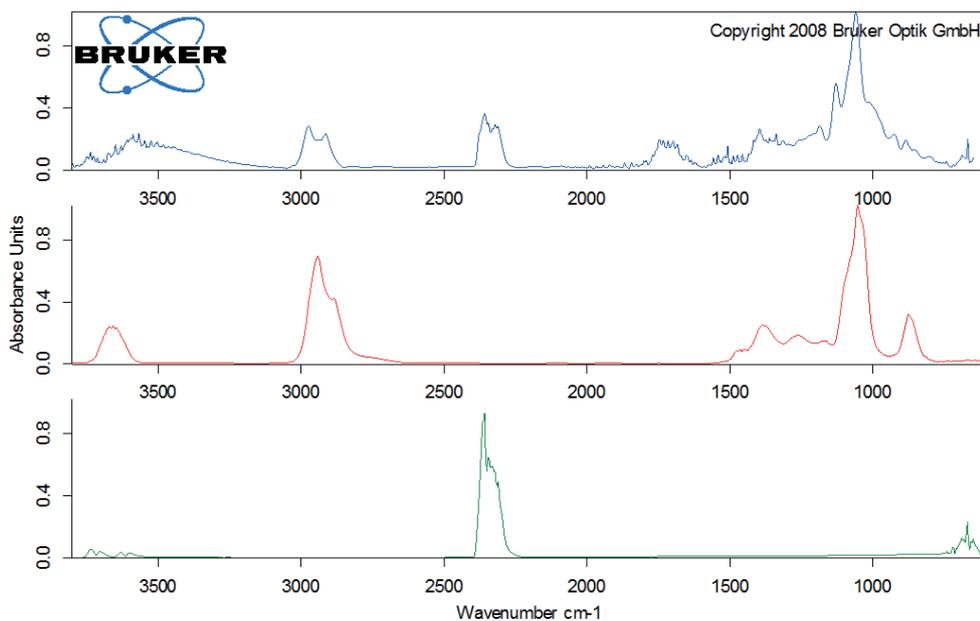
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The degradation of lactose monohydrate begins at 224°C (onset temperature of the TGA curve). The process runs in two steps, as can be seen with the two peaks in the DTG curve. The first mass-loss step of 8% is associated with a new release of water (figure 4, spectrum in the middle) resulting from decomposition.

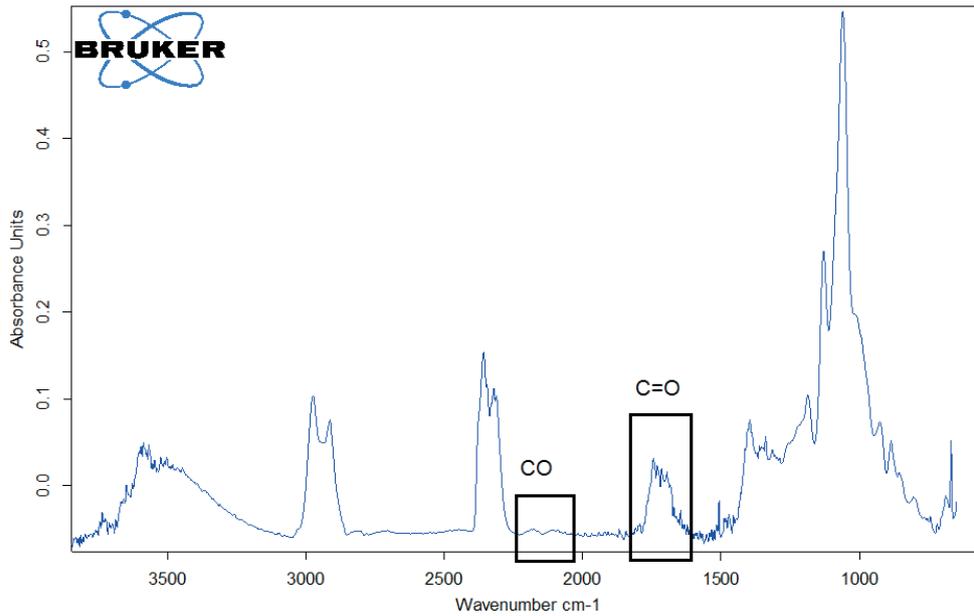
The second degradation step occurs at 301°C (peak of the DTG curve) with a mass loss of 71%. Figure 5 depicts the spectrum of the substances detected by the FT-IR detector at 309°C (top). The comparison with the library spectra shows that lactose decomposes; the structure ring of lactose is broken and carbon dioxide and probably ethanediol are released.



4 FT-IR spectrum of the products released at 147°C (top) and at 238°C (middle) in comparison with the PNNL library spectrum of water (bottom)



5 FT-IR spectrum of the products released at 309°C (top) in comparison with the EPA-NIST spectra of 1, 2-ethanediol (middle) and carbon dioxide (bottom)



6 FT-IR spectrum of the products released at 309°C after subtraction of the FT-IR spectrum of water

For better detection of the other substances released, the FT-IR library spectrum of water was subtracted from the FT-IR spectrum measured at 309°C (figure 6). This allowed for carbon monoxide as well as C=O bonds to be identified in the evolved gases.

Conclusion

A single measurement with the TGA-FT-IR was enough to obtain a variety of information about the lactose sample. Firstly, it was possible to confirm that it is a monohydrate. Secondly, it was possible to determine the temperature of decomposition. Finally, it was possible to identify the substances released during degradation as water, carbon dioxide, carbon monoxide, ethane-diol and a product containing a C=O bond.

TGA-FT-IR can be seen as a complex measurement method because it combines two different powerful techniques, providing a wide range of results. However, despite its complexity, the coupling of a thermobalance to an FT-IR spectrometer allows for very easy sample preparation and measurement, combining user-friendliness with high performance.

Literature

- [1] <http://www.pharmawiki.ch/wiki/index.php?wiki=lactose>
- [2] <https://en.wikipedia.org/wiki/Lactose>
- [3] Lactose, Some basic properties and characteristics, DFE Pharma
<https://www.dfepharma.com/en/excipients/lactose.aspx>